



ROWLAND'S

SPA MENU



STARTERS

Hawaiian Blue Spot Prawns

Grilled Sourdough, Tomato, Edamame, Garlic
11.95

Wild Rice Stuffed Quail

Brussels Sprouts, Apricots, Pinenuts
9.95

Rare Seared Ahi Tuna

Watercress, Pickled Daikon, Citrus Peppercorn Vinaigrette
13.95

Rowland's House Salad

Fresh Greens, Garden Vegetables, House Dressing
7.95



ENTRÉES

Miso Broiled Sea Bass

Black Forbidden Rice, Baby Carrots, Organic Carrot Ginger Foam
27.95

Rowland's Prime Aged Filet Mignon

Char-grilled, Roasted Yukon Gold Potato "Fries", Wilted Spinach
30.95

Coriander Crusted Day Boat Grouper

Golden Quinoa, Jicama Salad, Roasted Pepper Broth
24.95

Star Anise Braised Leg of Lamb

Heirloom Bean Ragout, Cranberry Mint Jelly
24.95

Roasted Root Vegetable Plate

Chef's Choice of Seasonal Vegetables
15.95





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DESSERTS

Sylvia's Chocolate Molten Lava Cake

Choice of Dark or White Chocolate, Vanilla Ice cream 10.95

Apple Pistachio Crisp

Cinnamon Ice Cream 8.95

Pumpkin Chocolate Terrine

Almond Brittle 9.95

House Made Ice Cream 6.95

Assorted Artisan Cheeses 14.95



SWEET ENDINGS

Warres Ruby Port 6

Graham's 10 Year Tawny Port 9.5

Dow's 20 Year Tawny Port 14.5

Harvey's Bristol Cream Sherry 6

Bonny Doon Framboise 9

Rowland-Tini 11



COFFEES AND TEAS

Espresso 4.5

Cappuccino 5

Irish Coffee 9

Specialty Teas 3

Bonnie's Blend Coffee 3

